

## **Books for Educators of Middle Schoolers**

### **Bullying Prevention**

Nonviolent Communication: A Language of Life  
by Marshall B. Rosenberg, PhD

Odd Girl Out: The Hidden Culture of Aggression in Girls  
by Rachel Simmons

Sticks and Stones: Defeating the Culture of Bullying and Rediscovering the Power of Character and Empathy  
by Emily Bazelon

### **Growth Mindset**

The Growth Mindset Coach: A Teacher's Month-by-Month Handbook for Empowering Students to  
by Annie Brock

Mathematical Mindsets: Unleashing Students' Potential through Creative Math, Inspiring Messages and Innovative Teaching  
by Jo Boaler

Mindset: The New Psychology of Success  
by Carol S. Dweck

Mindsets in the Classroom: Building a Culture of Success and Student Achievement in Schools  
by Mary Kay Ricci

### **Relationships**

Invisible Influence: The Hidden Forces That Shape Behavior  
by Jonah Berger

The Social Neuroscience of Education: Optimizing Attachment and Learning in the Classroom  
by Louis Cozolino

## **Social-Emotional Learning**

Building Emotional Intelligence: Techniques to Cultivate Inner Strength in Children  
by Linda Lantieri

Emotional Intelligence: Why It Can Matter More Than IQ  
by Daniel Goleman

Handbook of Social and Emotional Learning: Research and Practice  
by Joseph A. Durlak, Celene E. Domitrovich, Roger P. Weissberg, Thomas P. Gullotta, and James P. Comer

Helping Children Succeed: What Works and Why  
by Paul Tough

How Children Succeed: Grit, Curiosity, and the Hidden Power of Character  
by Paul Tough

Social Intelligence: The New Science of Human Relationships  
by Daniel Goleman

### **Thoughts and Emotions**

Brainstorm: The Power and Purpose of the Teenage Brain  
by Daniel J. Siegel, MD

Mindfulness for Teachers: Simple Skills for Peace and Productivity in the Classroom  
by Patricia A. Jennings

The Way of Mindful Education: Cultivating Well-Being in Teachers and Students  
by Daniel Rechtschaffen